



JOB DESCRIPTION – SENIOR ACADEMY PHYSIOTHERAPIST

- 1. JOB TITLE** Senior Academy Physiotherapist
- Responsible to: Academy & Player Development Manager
Technical guidance from First Team Physiotherapist
Technical guidance from First Team Head of Sports Science
- Responsible for: Medical intern students
Sports science intern students

2. MAIN PURPOSE

To manage and implement the Academy sports science and medical programme, providing daily prevention, diagnosis and treatment of injuries to players in the professional development phase at Luton Town Football Club.

3. RESPONSIBILITIES

3.1 Specific Responsibilities

Lead and develop the Academy's Sports Science & Medical (SS&M) department in line with the Club's strategic objectives.

Manage and deliver medical and physiotherapist services throughout the Academy age groups, providing diagnosis, treatment and rehabilitation of injuries to players in the professional development phase.

Responsible for maintaining and improving the medical KPI of the Academy Performance Plan.

Ensure that appropriate recovery and injury prevention strategies are adopted after games and on recovery days.

Produce regular reports regarding the progress of each player within the Academy and to ensure that the appropriate SS&M information is added to each player's Performance Clock.

Ensure that the management of injuries effectively meets the Club's commitments to players, coaches and senior management through clinical audit and accurate documentation.

Ensure that the appropriate medical support services are present at Academy training sessions and games, always in line with Youth Development Regulations.

Manage and oversee strength and conditioning programmes for professional development phase players.

Implement diet and nutrition strategies for professional development phase players.

Provide sport science support in the following areas;

- Physiology (heart rate monitoring of training load)
- Biomechanics
- Anthropometric assessments
- Age appropriate medical and physical screening
- Predictive testing of size and shape/maturation measurement

Introduce and implement sport psychology support.

Undertake personal CPD as appropriate to meet the demands of the role.

Create and coordinate an effective CPD programme for Academy SS&M staff as appropriate.

Be a member of the Academy Management Team (AMT) and attend AMT meetings as directed by the Academy & Player Development Manager.

Multi-disciplinary communication between staff, players and parents to ensure optimal well-being and development of all professional development phase players.

Maintain honesty and integrity at all times when working with players at the Club.

Be presentable, smart and personable at all times when representing the Club.

Undertake all reasonable tasks assigned by the Academy & Player Development Manager.

3.2 Health & Safety

Your core Health and Safety responsibilities are as follows:

Lead by example being diligent and observant at all times.

Ensure safety & risk are considered within all projects alongside the Head of Academy Education & Welfare.

Ensure a safe and respectable learning environment for all players and staff to maximise their holistic development.

4. QUALIFICATIONS

4.1 Essentials

- a) BSc in Physiotherapy
- b) HPC/CSP Chartered Physiotherapist
- c) HCPC registration
- d) Valid Intermediate Trauma Medical Management in Football (ITMMiF)
- e) Valid FA Safeguarding Children Certificate
- f) Valid enhanced CRC check
- g) Full UK Driving Licence

4.2 Desirables

- a) MSc in Physiotherapy
- b) Valid Advanced Trauma Medical Management in Football (ATMMiF)
- c) UEFA football coaching qualification(s)

5. PERSON SPECIFICATION

Committed, enthusiastic and passionate about the development of players in the professional development phase.

Ability to work as part of a team as well as using one's own initiative in developing players and injury prevention and rehabilitation strategies.

A confident decision-maker.

Able to communicate effectively with players, parents and fellow staff members at all levels, with absolute discretion.

Strong IT skills with the ability to use e-mail, Word and PMA to a high standard.

Able to adapt to the demands of the job and needs of the players and staff.

Dedicated to self-improvement and continuous professional development.

Willing to follow and promote the philosophy of the Club.

Be an ambassador for Luton Town Football Club, presenting the Club in a positive image at all times.

6. EQUALITY STATEMENT

The employee must at all time carry out their duties with due regard to Luton Town Football Club policies and procedures.

The employee must ensure a positive commitment towards equality and diversity by treating others fairly and not committing any form of direct or indirect discrimination, victimisation or harassment of any description and to promote positive working relationships between all internal and external stakeholders.

The employee must contribute to encouraging equality and respecting diversity by embedding such values in the workplace and challenging inappropriate behaviour and processes.